

**Mission**; Support our community with our strengths and values.

**Vision;** Respect the customs of our way of life, enrich the self-determination of our culture, and empower our community with our traditions.

## Please BE SAFE

During these trying times, please be considerate of our concerns for the safety of everyone and those visiting our community.

### **Information for Travelers**

- **Non-Resident** travelers are required to wear a mask and practice social distancing
- All travelers coming into Pilot Station from a high risk town/city are required to take a COVID-19 test prior to travel
- Please quarantine and self-isolate, minimize your family/household exposure to and from others, especially the elders and those who are sick.
- Avoid unnecessary travel to other villages or communities where COVID-19 is a high risk
- Avoid visiting homes and gatherings (example; Bingo). If you can, keep a list of names for contact tracing.

If you suspect that you may have this virus, please self-isolate and let someone know. **Do not go to the Pilot Station Clinic.** 

If you are heathy, please check on elders who may need help

#### **Prevention TIPS**

- Avoid close contact with sick individuals
- Stay home if you feel ill
- Frequently wash hands with soap or disinfectant (hand sanitizers)
- Keep a clean home, wash dishes, high contact surfaces, and mop your floors
- Frequently wash clothes and homemade reusable face masks

# If you have to go to the Post Office, AC, Tribal Store, or gas station...

- Practice social distancing (at least 6 feet)
- Wear masks or personal protective equipment (face shields, gloves...)
- Minimize touching surface areas, including your face, mouth, and nose

PLEASE...RESPECT the workers and staff

# These are some of the **Symptoms of COVID-19**

- Fever, cough, and shortness of breath
- Headache, cold and chills
- Congestion or runny nose
- Nausea or vomiting
- Loss of taste or smell
- Persistent chest pressure or pain
- New confusion
- Inability to wake or stay awake
- Bluish lips or face
- Faint or collapse for no reason...

If you experience any of these symptoms, please isolate yourself and let someone know...

# **Emergency Contact Information**

Pilot Station Clinic	549-3127
Pilot Station Traditional Council	549-3373
City of Pilot Station	549-3211
City of Pilot Station, Police	549-3213
Pilot Station School	549-3212