



## Native Village of Emmonak

Tribal Courts

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### Do's & Don'ts while on Quarantine

#### Don'ts

- Don't go to public places (Stores, Post Office, Tank Farm, City and Corporation Office, Bingo/Pull Tabs, School, Pool Hall, etc.)
- Don't come into contact with other people or other households. Don't visit others and don't have others visit you.
- Don't go to high traffic areas (playground, basketball court, and other places where people gather)
- Don't travel to other villages without permission from the local tribes.

#### Do's

- Have a family member or friend, not on quarantine, run errands for your household. (Going to the store, post office, etc.) They cannot visit or come into direct contact with your household. If you don't have someone to do this, you can call tribe at 907-949-1720 to see if they can assist you.
- Stay home as much as possible. You are allowed to leave the house to throw trash, take an occasional walk, take a ride with your vehicle, and to gather subsistence.

#### Stay within your household when you:

- Throw trash and take a ride on your vehicle when there is little to no traffic on the roads.
- Take a walk in non-residential areas where there is minimal activity from the public.
- Hunt and gather for subsistence. You cannot go boating with another family member or friend if they are not on quarantine with you. Someone not on quarantine will have to gather supplies for your trip such as gas, food, etc. but will not be able to go out with you.

Practice routine cleaning of frequently touched surfaces using soap and water, than disinfectant.

(Cleaning with soap and water **reduces number of germs, dirt and impurities** on the surface.  
**Disinfecting kills germs** on surfaces)

Wash your hands often with soap and water for 20 seconds.

(if soap and water are not available and your hands are **not visibly dirty**, use a hand sanitizer that **contains at least 60% alcohol**.)