

Kongiganak Traditional Council

Covid-19 (Corona Virus) Guidelines for the Native Village of Kongiganak

Recommended Guidelines for Community Members

(as of November 18, 2020)

For the protection of our community members, an Emergency Declaration was declared for the Village of Kongiganak on March 22, 2020 until further notice. Also, on September 9, 2020, the village of Kongiganak is on mandatory lockdown until further notice. These guidelines will be updated as needed. These guidelines are required to be followed to ensure the safety of our elders, high risk individuals, our children and everyone in the community. Please protect yourself and your family by using these guidelines and also guidelines set forth by the CDC, DHSS and YKHC.

- Keep your homes as clean as possible by constantly cleaning areas that are touched often with a bleach solution or anti-bacterial. The CDC recommends mixing 1/3 cup bleach per gallon of water or 4 teaspoons bleach per quart of water.
- Check on elders and those in need via phone or vhf. Make sure that they have their needs (sanitizing their homes, stove oil, food, chores, water, ice, medicine. Help each other out with basic needs, but use precautionary measures when doing so.
- Make sure that you have working communication (cell phone, VHF, etc).
- Do not visit. Do not have sleepovers. Do not invite people over for anything.
- Do not invite others that are not in your household to maqiq.
- If you are in a public place, wear a mask per management and board recommendation.
- If you or anyone in your household has a positive diagnosis of Covid-19, your whole household will be quarantined and contact tracing will be completed.
- Curfew is 9:00 p.m. every day for school kids and 12:00 a.m. for all residents.
- The basketball court in the Housing area is closed until further notice. Any local basketball rims outside must be taken down until further notice.
- If you must go out of your residence, practice social distancing. Keep yourself 6 feet away from others.
- Collect and use traditional medicine (i.e. ayuq, caiggluk, teqiciraq, atsaruat, auguqsulit, kavirliyaagaat, ic'ukcaat, kumakaq, chaga, tumaglit, uugnaraat anait, pine needles, teptukuyiit, etc). Support those in need by sharing what you can. Call elders and ask about them if you need to.
- Businesses and Entities reserve the right to refuse services to any individual/visitors that do not adhere to each individual business or entities guidelines. In extreme situations, the Tribal Police Officers will be called for assistance.
- No social gatherings.
- The use of controlled substances make it easier to spread this very contagious virus. Please do not use controlled substances.
- When out in the public, wear a mask.

Qemirtalek Coast Corporation

- Workers are required to wear a mask to prevent the spread of Covid-19.
- Only taking phone orders... their phone number is 557-5636 or 557-5529.
- Hours are 10am-9pm.
- Be patient with deliveries!

A N L Variety Shoppe

- Workers are required to wear a mask to prevent the spread of Covid-19.
- Only taking phone orders... their phone number is 557-5977.
- Hours are 10am-12pm, 1pm-5pm, Monday-Saturday
- Be patient with deliveries!

Kongiganak Clinic

- If you are sick, stay home. Call the clinic. Do not just go there.
- If you have symptoms of Covid-19, call the clinic to receive advice. DO NOT go to the clinic. We only have 2 health-aides. We need to keep them safe.
- If you are high risk for getting sick (asthma, weak immune system, etc.), stay away from community events and crowds.
- Wash your hands often! Make sure your kids wash their hands.
- You are not allowed in the Clinic unless you have a pre-approved appointment.
- When you call the clinic for an appointment, you will be asked about your symptoms. This is protocol. Please be patient.
- Covid testing is available, but, it will be done outside the clinic.
- There is an app available called HealthLife where you can view your test results or medical files. Also, you can call the Covid hotline at 543-6949 to inquire about your results or information about Covid.

Puvurna Power Company.

- Call the office at 557-5614 to pay your electricity bill if you will pay by credit or debit card. If you need to pay with cash, call the office for further instructions. If you are a pre-pay customer, call the office for instructions.
- Only employees are allowed at the Power Plant.
- There is additional funding under AVCP for people who qualified for EAP. They have a Crisis Fund available. You will need to contact their Social Service Department at 543-7300. Under KTC, there is also general program assistance available, contact 557-5226.
- No visitors.
- Workers are required to wear a mask to prevent the spread of Covid-19.

IGAP

- If a household member has a positive diagnosis of Covid-19, you are advised not to put your trash in the local trash bins or dump your honeybucket. Contact the IGAP office at 557-5223 and schedule for pick-up.

Post Office

- One customer is allowed in the post office at a time. If there is someone in the post office, you must wait in the porch or outside.
- Quarantined individuals are not allowed in the office. The Task Force can help with picking up mail for quarantined families. Contact the Covid Coordinator @ 557-2345 if you need your mail picked up.
- Workers and customers are required to wear a mask to prevent the spread of Covid-19.

Travel

- Non-essential travel is discouraged at this time.
- If you must travel, upon your return, you are mandated to **QUARANTINE or self-isolate for 14 days** and self-monitor for Covid-19 symptoms even if you have a negative Covid test result. If you cannot self-isolate in your home, then your whole household will be quarantined for 14 days. You must also adhere to state, local and YKHCs mandates and guidelines. **If you travel from Bethel or beyond, you are REQUIRED TO HAVE A COVID-19 TEST WITHIN THE PAST 24 HOURS before traveling to Kong. If you travel from Bethel, if you**

want to know your results from YKHC, you can call 543-6949. During your quarantine, if you develop symptoms, call the clinic right away.

- If you are ill, postpone or cancel your trip.
- Minimize public interactions during your trip to lessen the chance of acquiring Covid-19.
- Non-residents are advised not to travel to our community for non-emergent purposes until further notice. If you are traveling to a nearby village and have to go through our community, you are advised to drive by and not have physical contact with local community members. **NON-RESIDENTS MUST ASK FOR PERMISSION FROM THE KTC BEFORE COMING TO OUR COMMUNITY FOR ANY REASON. You can call 557-5226 or 557-2299 to ask for permission.**
- Grant Air: They require Council to approve travel for anyone traveling to villages. The Council has to send a letter with the Council's letterhead.
- Yute Air: They require Council to approve travel for anyone traveling to villages. The Council has to send a letter with the Council's letterhead.
- Any other airline (Ryan Air, Fox Airways, Yukon Air, Friendship Air, local pilots and any other airlines, etc): They must notify the Council and ask for approval to travel to Kongiganak. If they are bringing passengers, approval must first be granted.
- Local Airline Agents must wear a mask and should be requiring their airline's pilots to wear a mask.

Quarantine

- *******IF YOU ARE POSITIVE FOR COVID-19, EVEN IF YKHC RELEASES YOU FROM QUARANTINE, YOU AND YOUR FAMILY ARE REQUIRED TO QUARANTINE FOR 14 DAYS!*******

Quarantine Disciplinary Actions

- If any quarantined individuals violate the Kongiganak Traditional Council's mandated quarantine orders, the following disciplinary action will take place:
 - 1st Violation – Verbal Warning and Written Warning
 - 2nd Violation - \$1000 fine
 - 3rd Violation – \$2000 fine and will be incarcerated locally until their quarantine is up.

If confirmed widespread community transmission of Covid-19 occurs in Kongiganak, all public buildings (Qemirtalek, Qemirtalek Marina, AnL, PPC, Laundrymat, KTC office, CVRF, etc.) will be shut down for a period of at least 2 weeks or longer.

During this pandemic, as needed, the KTC will be meeting with local entities and organizations to update this document. Do not panic! Keep your faith, stay positive and keep in good spirits. This pandemic will subside. Until then, follow the guideline and be informed. Maligtaqulluta, picirkiutet aturluki piniartukut pellugnatkaanun. Pellugvingqertuq! Piicagturluta-llu!