



2022 *Healthy* FAMILIES Remote Virtual Workshop Schedule

3 Days
5 to 6 hours
per day

- January 11-14
- February 22-25
- March 22-25
- April 26-29
- May 24-27
- June 14-17
- July - NONE
- August 16-19
- September 13-16*
- October 4-7
- November 1-4
- December 6-9

*September subject to change, workshop location TBD. All workshops will be delivered in the best interest of people, and will be delivered either Remote/Virtual or in person pending COVID-19 AVCP policies.

Elluarrluteng Ilakutellriit



**Due to COVID-19, the Healthy Families Workshops have been temporarily altered to focus on Yuuyaraq/Yuuluakallerkaq (Our way of life/Living well) and themes by the current season. It has been shortened significantly and will be delivered through Microsoft Teams Meetings and Zoom. When it is determined safe to go back to in-person Workshops we will resume using the full Elluarrluteng Ilakutellriit cycle.

For more information, contact:

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🌐 avcp.org/healthyfamilies